

attempts at a unified theory.

things you can practice.

learn songs → 12 keys

learn licks → 12 keys

scales → patterns

perhaps a sensible order is

1) songs 2) scales 3) patterns 4) standards

5) licks 6) transcriptions 7) chords

this would seem a sensible approach

↓
write it out memorise

as you need to learn songs to play.

you can always use scales & patterns